

Ohio

Department of Alcohol &
Drug Addiction Services



Presents the

2010 Ohio Women's Symposium



REGISTRATION BOOKLET



“New Skills for New Times”

May 18 & 19, 2010

Doubletree Hotel Columbus/Worthington



Ohio
Women's
Network



2010

2010 Ohio Women's Symposium



Department of Alcohol &
Drug Addiction Services

Welcome from Ohio Department of Alcohol and Drug Addiction Services Director Angela Cornelius Dawson

Dear Symposium Registrant,

Welcome to the 2010 Ohio Women's Symposium. The Ohio Department of Alcohol and Drug Addiction Services (ODADAS) is proud to sponsor this dynamic event designed to help enhance the quality and effectiveness of Ohio's gender-specific alcohol and other drug prevention, treatment and recovery services system.

At this conference, you will learn innovative strategies, receive critical tools and develop effective skills to augment services in their communities. This year, the Symposium will offer keynote speakers with expertise in opiate addiction treatment, recovery management, family-centered treatment and trauma-informed care, among other topics. Additionally, the 11 workshops offered will focus on current trends seen in our state surrounding women and their children, and the prevention and recovery process.

The Symposium is made possible with the collaboration and support of our national partners, the Great Lakes Addiction Technology Transfer Center (GLATTC) and the Substance Abuse and Mental Health Services Administration (SAMHSA).

As we convene for our sixth Women's Symposium, I hope you will enjoy this intense skill-building opportunity and carry away new ideas and techniques to strengthen your professional skills, keeping in mind the theme this year, "New Skills for New Times."

Angela Cornelius Dawson

2010 Ohio Women's Symposium

AGENDA - TUESDAY, MAY 18

- 8:00 - 9:00 a.m. Registration
- 9:00 - 9:15 a.m. Welcome/Opening Remarks
Angela Cornelius Dawson, Director, Ohio Department of Alcohol and Drug Addiction Services (ODADAS)

Alvin D. Jackson, M. D., Director, Ohio Department of Health (ODH)

Cheryl A. Boyce, M.S., Executive Director, Ohio Commission on Minority Health (OCMH)
- 9:15 - 10:00 a.m. Keynote - Creating a Circle of Hope: From Victim to Warrior Mom
Kathleen Mitchell, MHS, LCADC, Vice President & National Spokesperson, National Organization on Fetal Alcohol Syndrome
- 10:00 - 10:15 p.m. Break
- 10:15 - 12:00 p.m. Keynote - Recovery Management with Chemically Dependent Women
Mark Sanders, LCSW, CADC, Consultant
- 12:00 - 1:15 p.m. Lunch (provided)
- 1:15 - 2:45 p.m. Session A
- A1. Working with Women & Suboxone
Dr. Edna Jones
 - A2. The Father-Daughter Relationship
Mark Sanders, LCSW, CACD, Consultant
 - A3. Addressing Fetal Alcohol Spectrum Disorders in Addiction Treatment
Kathleen Mitchell, MHS, LCADC
Jeane Cole, Integrating Services Coordinator
 - A4. Women Who Self-Medicare: How and Why
Linda Evelsizer, Clinical Social Worker, Mt. Carmel East Trauma Center
 - A5. Recognizing the Game and Making a Change: Optimal Sisterhood 101
Pamela Hubbard, Founding Executive Director, Golden Ciphers
- 2:45 - 3:00 p.m. Break
- 3:00 - 4:30 p.m. Session B (Repeat Workshops in Session A)
- 4:30 - 4:45 p.m. Adjourn/Evaluation/Certificates

AGENDA - WEDNESDAY, MAY 19

Improving the Health of Women Over the Lifespan

2010 Ohio Women's Symposium

8:00 a.m. - 9:00 a.m.	Registration/Continental Breakfast
8:40 - 8:45 a.m.	DVD Clip
8:45 - 9:00 a.m.	Welcome/Announcements Jewel Smith, Deputy Director, ODADAS
9:00 - 10:15 a.m.	Keynote - Family-centered Treatment for Women with Substance Use Disorders Deb Werner, Project Director, Women, Children and Families, Advocates for Human Potential, Inc.
10:15 - 10:30 a.m.	Break
10:30 - 11:45 a.m.	Keynote - Understanding Trauma and Recovery Joan Gillece, Ph.D, Consultant/Trainer Tonier Cain, Consumer Advocate
11:45 - 12:00 p.m.	Ohio Women's Network Awards Peggy Gemperline, President, Ohio Women's Network (OWN) Jackie McCarey, Women's Coordinator, ODADAS
12 - 1:15 p.m.	Lunch (provided)
1:15 - 2:45 p.m.	Session C
	C1. Addressing the Needs of Children of Moms Entering Recovery Deb Warner, WCF Project Director, Advocates for Human Potential, Inc.
	C2. Doing No More Harm Joan Gillece, Ph.D., Trainer/Consultant & Tonier Cain, Consumer Advocate
	C3. Epidemic of Prescription Drug Overdose: A Call to Action Judi Moseley, Program Consultant, Injury Prevention Program, ODH
	C4. Social Networking: Making it Work for You and Your Family Shemane Giddens & Valerie Connolly, Prevention Services, ODADAS
	C5. Dual Diagnosis Capability in Addiction Treatment Settings for Women Deborah Myers, M.Ed., PCC-S and Michele Cox, PCC-S, LICDC
	C6. Cultural Competency Matters Patricia Larkins Hicks, Ph.D., Consultant, L. Price & Associates
2:45- 3:00 p.m.	Break
3:00- 4:30 p.m.	Session D (Repeat Workshops in Session C)
4:30 - 4:45 p.m.	Adjourn/Evaluation/Certificates

2010 Ohio Women's Symposium

KEYNOTE PRESENTATIONS - TUESDAY, MAY 18

Creating a Circle of Hope: From Victim to Warrior Mom

Kathleen Mitchell, MHS, LCADC, Vice President and National Spokesperson, National Organization on Fetal Alcohol Syndrome (NOFAS)

Ms. Mitchell will review the historical perspective, diagnostic criteria and lifelong clinical aspects of Fetal Alcohol Spectrum Disorders (FASD). She will describe how families are affected by alcohol and FASD and will discuss the importance of early identification and intervention for both mom and baby. Participants will receive an overview of NOFAS programs and NOFAS public awareness prevention materials.

Recovery Management with Chemically Dependent Women

Mark Sanders, LCSW, CADC, Consultant

Sanders will introduce participants to recovery management, an emerging model geared toward helping chemically dependent women maintain recovery throughout their lifespan. He will also explore various pre-treatment engagement strategies, how to use recovery management principles to increase programmatic completion, and strategies to help women maintain recovery long-term in their natural environment. In addition, he will explore the unique role of the recovery coach to help chemically dependent women before, during and after treatment. Evidence-based examples will be drawn from addictions, criminal justice, faith-based and child welfare settings.

WORKSHOPS - TUESDAY, MAY 18

A1/B1. Working with Women & Suboxone

Dr. Edna Jones

Dr. Jones' will discuss the nature of opiate dependency, describe treatment options for opiate dependency Methadone, explore critical issues on the topic of Suboxone maintenance and frame this information in a women-oriented framework.

A2/B2. The Father -Daughter Relationship

Mark Sanders, LCSW, CADC, Consultant

The absence and emotional unavailability of fathers increase daughters' risk of sexual abuse, academic problems, promiscuity, mental illness, toxic relationships, abusive relationships, prostitution and addiction, and is rarely discussed in treatment. This workshop will focus on the impact of the four primary ways in which fathers leave their daughters and the relationship with substance abuse and dependence among adolescent girls and women as risk factors for addiction—namely death, divorce, desertion and daughters as invisible. Ten intervention strategies to help adolescent girls and women recover from the impact of the physical and emotional unavailability of their fathers as a part of their recovery will be presented.

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WORKSHOPS - TUESDAY, MAY 18, cont'd.

A3/B3. Addressing Fetal Alcohol Spectrum Disorders in Addiction Treatment

Kathleen Mitchell, MHS, LCADC, National Organization on Fetal Alcohol Syndrome (NOFAS)

Jeane Cole, LSW, OCPSII, Integrating Services Coordinator, First Step Home

Why do so many women relapse after treatment? And how can it be that thousands of women are treated for addictions in centers across the U.S., yet so few are counseled on reproductive health or on the effects of alcohol use on the developing fetus? Women that have used substances during pregnancy, or are at risk to do so, need to address these issues while in treatment. This presentation will provide a comprehensive overview of fetal alcohol spectrum disorders (FASD) including history, scientific research and lifelong implications. The presenter will discuss FASD as a cause of recidivism in women with addiction diseases. Counseling strategies for women may have used while pregnant or who have children with FASD will also be presented. Non-traditional methods and ideas's for unique women-focused groups and activities will be discussed. Materials that are available to teach FASD to clients while in treatment will be reviewed, such as the video: "Recovering Hope."

A4/B4. Women Who Self-Medicate: How and Why

Linda Evelsizer, Mt. Carmel East Trauma Center

This workshop will provide information about core issues that are present before addiction that contribute to self-medicating and ways in which women self-medicate.

A5/B5. Recognizing the Game And Making a Change: Optimal Sisterhood 101

Pamela Hubbard, OCPSII, Founding Executive Director, Golden Ciphers

"Recognizing the Game" will identify and provide alternative solutions and skills to unhealthy and destructive behaviors and choices. Youth will learn the concepts of Positive Youth Development, Resiliency and the art of "Keepin' it R.E.A.L." (Refuse, Explain, Avoid and Leave). This workshop will focus on: difficult issues with females, creative prevention strategies, dating violence and teen pregnancy.

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KEYNOTE PRESENTATIONS - WEDNESDAY, MAY 19

Family- Centered Treatment for Women with Substance Use Disorders

Deb Werner, Project Director, Women, Children and Families, Advocates for Human Potential, Inc.

For women with substance use disorders, family considerations tend to be a significant motivator or a significant deterrent for entering treatment, treatment retention and recovery. Participants will be encouraged to examine their assumptions about women's recovery needs and their attitudes about engaging partners, children and other family members. A continuum of family-centered services will be presented along with a discussion of family centered treatment approaches, opportunities and challenges.

* Support for this presentation is provided by SAMHSA.

Understanding Trauma and Recovery

Joan Gillece, Ph.D., Consultant/Trainer

Tonier Cain, Consumer Advocate

This keynote will address the prevalence of trauma in the lives of those we serve. It will also offer the perspective of a consumer/survivor on the impact of replacing the question "what is wrong with you?" with "what happened to you?" Dr. Gillece will provide training for developing trauma informed systems of care.

WORKSHOPS - WEDNESDAY, MAY 19

C1/D1. Addressing the Needs of Children of Moms Entering Recovery

Deb Werner, Project Director, Women, Children and Families, Advocates for Human Potential, Inc.

Children whose mothers have substance use disorders often have development, behavioral and emotional difficulties; early intervention supports optimal growth of the children and improved outcomes for mothers. This workshop will discuss the needs of children of women entering treatment and strategies women's treatment agencies can use to address children's needs. A comprehensive services model will be presented along with examples of creative low-cost/no-cost ways that treatment agencies have addressed children's needs and provide for early intervention.

C2/D2. Do No More Harm

Joan Gillece, Ph.D. Consultant/Trainer

Tonier Cain, Consumer Advocate

Participants will gain knowledge on implementing trauma informed practices. This session will also provide training for developing trauma informed systems of care.

C3/D3. Epidemic of Prescription Drug Overdose: A Call to Action

Judi Moseley, B.A., Program Consultant, Injury Prevention Program, Ohio Department of Health

In 2007, unintentional drug poisoning became the leading cause of injury death in Ohio, surpassing motor vehicle crashes and suicide for the first time on record. Prescription opioids (pain medications) are associated with more overdoses than any other prescription or illegal drug including cocaine and heroin. This workshop will address who is most affected by this alarming trend (women are the fastest growing population at risk of dying from unintentional prescription drug overdose), contributing factors and what is being done in Ohio to counter the problem.

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WORKSHOPS - WEDNESDAY, MAY 19, cont'd.

C4/D4. Social Networking: Making it Work for You and Your Family

Valerie Connolly, B.S., LCDCII, ODADAS Southwest Regional Prevention Coordinator

Shemane Giddens-Marsh, M.A., ODADAS Northwest Regional Prevention Coordinator

In this workshop Connolly and Giddens-Marsh will explore the evolution of social networking, specifically, how this recent social phenomenon is becoming a powerful tool for women personally and professionally. Additionally, they will touch on the importance of empowering youth to behave safely on social networking sites.

C5/D5. Dual Diagnosis Capability in Addiction Treatment Settings for Women

Deborah Myers, M.Ed., PCC-S, Consultant/Trainer, Ohio Substance Abuse Mental Illness Coordinating Center of Excellence

Michele Cox, PCC-S, LICDC, Executive Director, Recovery Centers, Inc.

Studies have shown women with co-occurring substance use and mental disorders have a preference for and experience better outcomes when receiving integrated treatment. This increasingly challenges providers of women's addiction treatment to evaluate their ability to implement and sustain quality integrated services. The presentation will review the Dual Diagnosis Capability in Addiction Treatment (DDCAT) Index and its applicability to measuring co-occurring capability in addiction treatment settings. A women's residential treatment provider will discuss her decision to utilize the DDCAT Index to evaluate her agency's current co-occurring capability and lessons learned.

C6/D6. Cultural Competency Matters

Patricia Larkins Hicks, Ph.D., Consultant, L. Price and Associates

The United States is undergoing a profound and deep-rooted metamorphosis in its population, its culture and the very manner in which services are provided. This transformation very well may be the greatest cultural and economic shift this country ever has known. With more than 100 racial, ethnic, and cultural groups—cultural diversity is a reality. For many Americans, differences in appearance, speech, behavior, values, beliefs and communication patterns are no longer viewed as something to be avoided, but as an opportunity for growth. To meet the prevention needs of individuals, families and communities in Ohio, organizations, systems and professionals now need to be culturally competent. Learn why cultural competence matters and how it can assist you in planning and decision making, establishing priorities, building capacity, maintaining accountability and allocating resources at your agency.

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REGISTRATION INSTRUCTIONS

The registration Deadline is Wednesday, May 12, 2010.
Conference registration on May 18, 2010 begins at 8:00 a.m.

Payment - ODADAS now accepts credit card payment when you use the on-line registration option, at www.odadas.ohio.gov. Attendees may pay at the conference, but ODADAS strongly prefers payment prior to the conference.

Registration - the following three ways:

1. Internet (**preferred**) - Click registration to pay with VISA or MasterCard. Charges will be processed under the name of ODADAS. To access the web link go to the ODADAS Web site, https://www.odadas.ohio.gov/ei11/getdemo.ei?id=24&s=_0YG0VHVEJ

2. Fax - If paying by purchase order or check, fax your registration form and a signed purchase order (PO), including number and billing address, to Teri Gardner, WFDCC, 614-752-8675.

3. U.S. Mail - Mail completed registration form along with your check and/or purchase order to:
ODADAS
Abdul Sherif, Office of WDC
280 Plaza
280 North High Street, 12th Floor
Columbus, Ohio 43215-2550

Confirmation - When your registration is received and processed, you will receive an email confirmation.

Refunds - Refund requests must be made to tgardner@ada.ohio.gov or 614-466-7585 no later than May 12, 2010. No refunds will be issued after that date.

Exhibits - If your organization is interested in being an exhibitor at the conference, please contact tgardner@ada.ohio.gov.

Special Requests - If you require ADA (Americans with Disability Act) accommodations, please submit your request in writing by April 23, 2010 to Abdul Sherif at sherif@ada.ohio.gov.

Accommodations - The Doubletree Hotel Columbus/Worthington has set aside a block of rooms at the rate of \$70 for a single or double. Please use the "Ohio Women's Symposium" name when making your reservations. The deadline for this rate is April 26, 2010; you are responsible for making your own reservations. Contact information for reservations is 614-885-3334 or 1-800-222-8733.

Continuing Education Credit -

Registered applicants, prevention specialists and chemical dependency counselors:
ODADAS is an approved provider of recognized clock hours (RCH) through the Chemical Dependency Professionals Board. Eleven RCHs have been approved.

Social workers and counselors:
ODADAS is an approved provider of continuing professional education (CPE) by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board. Eleven CPEs have been approved.

Please direct questions about this conference to: tgardner@ada.ohio.gov or 614-466-7585.

2010 Ohio Women's Symposium

Form must be received by Wednesday, May 12, 2010 to be processed. Please type or clearly print.

PARTICIPANT INFORMATION

First Name _____ Last Name _____

Organization _____ Position _____

Address _____ City _____ State/Province _____ ZIP Code _____

Phone _____ Email _____ (Confirmation will be sent here.)

I have special needs due to a disability.

I need a vegetarian meal.

PROFESSIONAL CREDENTIALS

- Admin
- CDCA, CCSCI, LCDCII, LCDCIII, LICDC
- LISW, LSW, MSW, SWA
- LPC, LPCC
- MD, DO, Psych.D.
- MFT, IMFT
- Other
- RA, OCPSI, OCPSII
- RN, LPN, PA

SELECT REGISTRATION TYPE

- Attendee
- Presenter/Committee Member
- Exhibitor

CONFERENCE FEES

- | | | | |
|--|------|---------------|-----------------|
| <input type="checkbox"/> Full Conference (Tuesday & Wednesday) | \$75 | _____ Tuesday | _____ Wednesday |
| <input type="checkbox"/> Single Day | \$45 | _____ Tuesday | _____ Wednesday |
| <input type="checkbox"/> Government Exhibitor w/ Meals | \$42 | _____ Tuesday | _____ Wednesday |

WORKSHOP SELECTIONS

Tues., May 18, 2010 (Choose 1st & 2nd choice.)
90 minute workshops (1st choice) (2nd choice)

1:15-2:45 p.m. _____
3:00-4:30 p.m. _____

Wed., May 19, 2010 (Choose 1st & 2nd choice.)
90 minute workshops (1st choice) (2nd choice)

1:15-2:45 p.m. _____
3:00-4:30 p.m. _____

PAYMENT OPTIONS

Online registration and credit card payment available on the ODADAS Web site at
https://www.odadas.ohio.gov/ei11/getdemo.ei?id=24&s=_0YG0VHVEJ

Check PO # _____

Make checks payable to: Treasurer, State of Ohio.
Mail completed registration form and payment to:
ODADAS
Abdul Sherif, Office of WDCC
280 Plaza
280 North High Street, 12th Floor
Columbus, OH 43215-2550

or Fax completed registration form to:
614-752-8645



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